



Dover District Support Services

Contents Page

Key contacts	
Emergency food	3
Access to cash options	
Shopping, prescriptions & meals	4
Food shops & wholesalers delivering locally	6
Mental health support	7
Befriending	g
Carer support & special needs	10
Older people's services	11
Young people's services	12
Miscellaneous community support	13
Community safety	14
Benefits, jobs & debt (also see utilities)	16
Utilities, council tax & DDC services	16
Local housing providers	18
Emergency health & nationt transport	10





		Key contacts	
DISTRICT WIDE	Kent Together	First port of call for vulnerable people who need help. For those who are vulnerable and have an urgent need that cannot be met through existing support networks. This is also the place to report any concerns about the welfare of someone else.	03000 41 92 92 24 hr helpline www.kent.gov.uk/kenttogether
DISTRICT WIDE	Dover District Council	For regular updates and helpful information sign up to Dover District Council's Keep me posted, visit the website, Facebook page and Twitter.	01304 821199 www.dover.gov.uk covid19@dover.gov.uk Facebook: @doverdc Twitter: @doverdc
Kent County Council DISTRICT WIDE	Adult Social Care Contact Centre	Any enquiries regarding adult social care	03000 416 161 – weekdays 03000 419 191 – out of hours
Kent County Council DISTRICT WIDE	Emergency Safeguarding	Concerns about an adult Concerns about a child Out of hours call	03000 416161 03000 411111 03000 419191
Citizens Advice Bureau DISTRICT WIDE	Citizens Advice Bureau	For help General enquiries For debt enquiries For Universal Credit enquiries	03448 487978 01304 374333 01304 202442 01304 202030 Open: All Mon – Fri, 9.30am 4.30pm
			0344 411 1444 Out of hours www.doverdealadvice.co.uk





		Emergency food	
Dover,	Dover	The service is available for	07870 361180
St Margaret's,	Foodbank	short-term emergency food in	
The Langdons, Whitfield,		a crisis.	https://dover.foodbank.org.uk/
Temple Ewell, Hougham,		All distribution centres closed. Deliveries are made on	info@dover.foodbank.org.uk
River & Capel		Tuesdays, Thursdays and	Citizens Advice Bureau can issue
Caper		Fridays only. It is short-term	vouchers, contact them on:
		emergency food in a crisis;	01304 374333
		enough for a minimum of 3	
		days.	
Deal, Walmer,	Deal Area	The service is available for	01304 728428
Aylesham,	Foodbank	short-term emergency food in	07545 500922
Elvington, Eythorne &		a crisis.	
Sandwich areas			https://dealarea.foodbank.org.uk/
		Deliveries are made Monday	into Odoslavos ta adhami, ava vii
		to Friday.	info@dealarea.foodbank.org.uk
Sandwich, Deal,	St Peter's Care	Emergency food and clothing	Call Annemarie to arrange on:
Eastry, Worth,	& Share	for vulnerable elderly people	07766 486155
Ash & Staple		who are isolating and families	
		in need.	

Access to cash options

THE POST OFFICE

Payout Now allows customers to share a barcode voucher with a trusted individual to allow that person to withdraw cash at the Post Office for them. Any bank can issue a barcode voucher to its customers which can only be used once. It is sent to the customer via text, email or post, then passed to a trusted friend to be exchanged for cash at a Post Office.

Fast PACE is a cheque cashing scheme that allows a third party to cash a cheque at the Post Office to pass cash on to them or to reimburse them for shopping or services. Customers using Fast PACE write a cheque payable to the PO and give this to their trusted friend after signing to say they can cash it. The trusted person shows their ID at the PO branch and can take the cash back to the customer. In both cases, the customer will need to contact their bank first.





NATWEST BANK

NatWest has launched a new 'companion card' that allows caretakers to pay for essential goods on behalf of vulnerable and isolated customers during the coronavirus (Covid-19) pandemic. The new card acts as a supplement to existing current accounts and can be recharged by up to £100 every five days. The card is given to a trusted person or carer, whose account will be associated with the customer's existing bank account but kept separate to ensure security. The companion card is subject to NatWest's fraud monitoring systems. It does not share a PIN or card number with customer's existing debit cards and ATM withdrawals capped at £50.

CO-OP

Co-op has launched a gift card scheme for those shielding or self-isolating and reliant on others to do their shopping. **Call 0800 029 4592** to buy a gift card which can be shared with friends, neighbours or volunteers to pay for shopping at their local Co-op store.

Shopping, prescriptions & meals

SUPERMARKET SHOPPING

Tesco – customers who need shopping delivered because they cannot go into stores can call 0800 917 7359. **Morrisons** – have introduced Doorstep Delivery for vulnerable people who live within 10 miles of a Morrisons store. Call 0345 611 6111 and select option 5 to place an order.

Sainsburys – are working with the government to prioritise vulnerable people. Call 0800 636262. **Asda** – have launched a volunteer shopping card (contactless, safe and secure way to allow others to get shopping for vulnerable people) www.cards.asda.com/volunteer

DISTRICT WIDE	Pharmacy2U	Online, phone and App to set up direct delivery of medication through the post. Free service.	0113 265 0222 www.pharmacy2u.co.uk
DISTRICT WIDE	Connect Well East Kent	Coordinating volunteers to help people with shopping, collecting prescriptions and other support.	0300 302 0178 Open: Mon, Weds, Fri - 8:30am–6pm Tues and Thurs, 9am–5pm
Dover, River, Whitfield, Kearsney, Guston and Alkham	Together4Dover	Offering a shopping service and delivering prescriptions. T4D is operating a voicemail service, call and leave your details and request and someone will be in contact within 48 hours.	01304 892519 Open: Mon - Fri, 9am-5pm admin@together4dover.org.uk www.together4dover.org.uk





Dover Town	Ago Concorn	Offering a hot meal delivery	01304 207268
Dover Town	Age Concern Dover Riverside	service (£7.50). They are also providing a telephone welfare check/chat and shopping.	Open: Mon - Fri, 9am - 3pm admin@riversidedover.org.uk
Deal	Age Concern Deal	Offering shopping, delivering prescriptions and hot meal delivery. Meals cost £7-£8 if delivered or £5.50 if collected from Deal Centre in Park St, Deal.	01304 372608 Open: Mon – Fri, 9am-4pm admin@deal-cr.org.uk
Sandwich	Age Concern Sandwich	Continuing Meals on Wheels, telephone befriending and shopping service.	01304 614237 (choose 'management' option 3) Open: Mon – Fri, 9am-4pm
Aylesham & Snowdown Village	Bechange	Support available for food/meals in the area. 5 preprepared meals delivered twice a week. Other support available including Foodbank vouchers for those in Aylesham.	07484 221970 01304 840134
Deal, Walmer, Kingsdown, plus nearby villages, & Sandwich	Chequers Community Kitchen	Meals delivery service for vulnerable and isolated people of all ages. £4 for main course and pudding. (Will need an oven to reheat food.)	01304 362288 info@chequers.kitchen
Mill Hill (Deal)	Mill Hill Community Forum	Help with shopping, getting prescriptions and taking calls from those who want a chat in the area of Mill Hill, Deal	millhillcommunityforum@gmail.com Facebook Page: Mill Hill Community
Capel Le Ferne (but not Alkham)	Capel Cares	Neighbours helping neighbours. Collecting shopping and medication, plus other urgent supplies, or a friendly call.	01303 257003





Shepherdswell & Coldred	Covid-19 Care Action Team	Call the team to register, the team will then make contact on Mondays and Fridays to support with shopping and prescriptions. Other support may be available upon request.	01304 832143 07590426950 keithbryanroberts@gmail.com
St Margaret's	St Margaret's Hub	Neighbours helping neighbours. Collecting shopping and medication, plus other urgent supplies, or a friendly call. Local volunteers.	01304 892736 hub@stmargaretspc.co.uk
Temple Ewell	Volunteers organised by Temple Ewell Parish Council	Shopping collection, prescription pick-up and delivery service. Dog walking service and potential for other services if residents in Temple Ewell are in need.	Andy Howard-Grigg, Parish Clerk 01304 361774 (9am to 5pm only) TempleEwellPC@outlook.com

FREE SCHOOL MEAL VOUCHERS

Children eligible for free school meals will receive vouchers allowing them to continue to access meals while schools are closed. Some schools are still providing meals, but where this is not possible, schools can provide every eligible child with a weekly shopping voucher worth £15 to spend at supermarkets (Morrisons, Tesco, Sainsbury's, Asda, Waitrose, M&S). Parents will receive the voucher from their child's school, which can be redeemed online via a code or sent to their house as a gift card.

Food	l shops &	wholesalers deli	vering locally
Deal Area	Deal Delivers	Website advertising local shops, restaurants and essential services who are delivering during the crisis.	www.dealdelivers.com
DISTRICT WIDE	Kent Producers home delivery	Independent local businesses who are delivering locally during the current crisis.	www.helpkentbuylocal.co.uk info@producedinkent.co.uk





DISTRICT WIDE	Kent Frozen	Online shop providing food	01622 612345
	Foods	and other supplies.	
			www.kff.co.uk

	Me	ental health suppo	ort
DISTRICT WIDE	Kent & Medway NHS Mental Health Services	Now available online and over the phone. Support regarding mental health if not sure what help is needed.	0300 222 0123 www.Livewellkent.org.uk Single Point of Access 0300 123 4496
DISTRICT WIDE	KCC	New text service for immediate mental health support. 24/7 service provided by Shout and the Crisis Text Line.	Text the word KENT to 85258
DISTRICT WIDE	SpeakUp CIC	Providing a full mental health support service, including virtual group sessions, one-to-one support and advice.	admin@speakupcic.co.uk Maggie on 07958 242834 Kay on 07543 977670 David on 07907 803031
DISTRICT WIDE	East Kent Mind	Mental health support https://www.mind.org.uk/infor mation-support/coronavirus- and-your-wellbeing/	07950 608827 info@eastkentmind.org.uk
DISTRICT WIDE	South Kent Mind	Provides a wellbeing programme https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/	01303 250090 southkentmind.org.uk
DISTRICT WIDE	Release the Pressure	24-hour helpline or online for free confidential support at any time.	Text the word Kent to 8525 0800 107 0160 https://www.kent.gov.uk/social-care-and-health/health/release-the-pressure
DISTRICT WIDE	Take Off	Take Off Peer Groups	01227 788 211





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		Remote peer group sessions and some one-to-one support slots via Zoom Attendees should email or submit request via website contact page	Zoom@takeoff.works www.takeoff.works/contact-us/
DISTRICT WIDE	Live Well Kent	Still accepting referrals - if you need support or need to refer someone you can call the referral line or email. Free service for anyone over 17	0800 567 7699 info@livewellkent.org.uk livewellkent.org.uk/
DISTRICT WIDE	Aspirations	Free service for unemployed people aged over 25 living in Kent who feel their mental health is holding them back.	0333 880 2730
DISTRICT WIDE	Mental Health Matters	24/7 helpline providing emotional support, advice and guidance.	0800 107 0160
DISTRICT WIDE	Samaritans	24/7 free helpline Dedicated to reducing feelings of isolation. A safe place to talk to trained counsellors about whatever is troubling you.	116 123
DISTRICT WIDE	SANEline	SANE provides emotional support, guidance and information to anyone affected by mental illness, including families, friends and carers.	Call and leave a message with your name and number on: 07984 967 708 Someone will call back as soon as practicable. support@sane.org.uk
DISTRICT WIDE	CALM (Campaign Against Living Miserably)	Support line for men Helpline 5pm – midnight 365 days a year	0800 585858 https://www.thecalmzone.net
DISTRICT WIDE	No Panic	10am–10pm every day Helping break the chains of anxiety disorders	0844 967 4848 info@nopanic.org.uk





DISTRICT WIDE	Combat Stress	24-hour helpline Mental health support for veterans and their families	0800 138 1619 www.combatstress.org.uk
DISTRICT WIDE	Dads Unlimited	Provides practical advice, support and guidance for dads going through emotional issues around separation, divorce and access to children.	01233 680150 www.dadsunltd.org.uk
DISTRICT WIDE	Cruse	Bereavement counselling	0808 808 1677 https://www.cruse.org.uk/
DISTRICT WIDE	KCC	Resources to support families and individuals with mental health and wellbeing.	www.kent.gov.uk/wellbeingfamilie S
DISTRICT WIDE	Dover Counselling Services	NHS adult psychological therapy services Call to self-refer and they will assess eligibility.	01304 204123 https://dovercc.org.uk/

		Befriending	
DISTRICT WIDE	Phone a Community Friend	A free phone call service – an opportunity to chat to like-minded local people.	www.kentecc.org.uk/phone-a- community-friend/
DISTRICT WIDE	Camerados	Tackling loneliness and supporting mental health.	www.camerados.org/when- hugs-are-banned/





	Carer su	upport & specia	l needs
DISTRICT WIDE	The Family Fund	Grants to help low-income families with seriously ill or disabled children with the cost of equipment, goods or services.	01904 550055 For further information and to apply for a grant visit: www.familyfund.org.uk
DISTRICT WIDE	Carers Support UK	Advice for carers from Carers Support UK can be found on the Carers UK Website.	https://www.carersuk.org/help- and-advice/health/looking-after- your-health/coronavirus-covid-19
DISTRICT WIDE	DISK (Disability Information Services Kent)	Free confidential specialist information for people with a disability, older people and carers.	07743 177581
DISTRICT WIDE	Look Ahead	Support for learning disabilities, mental health, homelessness and young people.	CherylRisley@lookahead.org.uk ClareVale@lookahead.org.uk johnpender@lookahead.org.uk
DISTRICT WIDE	East Kent Mencap	Free E books to support people with learning difficulties during the pandemic.	www.eastkentmencap.co.uk https://booksbeyondwords.co.uk
DISTRICT WIDE	Carers Support East Kent	Information and guidance and assessment for carers.	0300 302 0178 Open: Mon, Weds and Fri, 8:30am–6pm Tues and Thurs, 9am–5pm
DISTRICT WIDE	'Help to Care App' Kent and Medway Sustainability and Transformation Partnership (STP)	Help to Care, an innovative new mobile phone app, has been launched to support people who care for others	Download the app in the usual way through the Apple App Store on Google Play. Search for Help to Care
DISTRICT WIDE	Intensive outreach community support for people with a learning disability	Provide support, advice and consultation to care providers, supported living, families and KCC colleagues & KMPT mental health service.	Kentchft.SKCTLDvirtualteam@nhs. net Penny Clark - 07760164704





DISTRICT WIDE	KCC Autistic Spectrum Conditions Team	The Social Care Team at KCC that specialises in supporting adults who have an Autistic Spectrum Condition (ASC)	03000 418100 SensoryandAutism@kent.gov.uk
DISTRICT WIDE	Kent Autistic Trust	Provide personalised and specific support for people with autism	01634 405168 www.kentautistic.com

	Old	ler people's servi	ces
DISTRICT WIDE	Carers Support East Kent Support for carers	CSEK are operational and the Hub team is still offering information and guidance and assessment for Carers.	Open: Mon, Weds and Fri 8:30am–6pm Tues and Thurs 9am–5pm
DISTRICT WIDE	Silverline Telephone Befriending Service	Helpline and friendship service for people aged 55 and over. 24-hour befriending service. Free, confidential service to share worries and fears.	0800 470 80 90 www.thesilverline.org.uk
DISTRICT WIDE	Age UK	Advice line	0800 169 6565
DISTRICT WIDE	CROPS (Citizens Rights for Older People)	Helping older people access their rights and entitlements	01622 851 200 https://www.cropkent.org.uk/
DISTRICT WIDE	Bright Shadow	Support for people with dementia and their families.	01227 467 272 zest@brightshadow.org.uk
DISTRICT WIDE	Dementia Connect Support Line	Advice and support for people living with dementia and their families.	0333 150 3456 Open: Mon - Weds, 9am-10pm Thurs - Fri, 9am - 5pm Sat - Sun, 10am - 3pm
DISTRICT WIDE	Kent Dementia Helpline	Practical and emotional support for those with dementia and families.	0800 500 3014





DISTRICT WIDE	Cinnamon Trust Dog-walking	For help with dog-walking for elderly isolated people.	01736 757 900 www.cinnamon.org.uk
Whitfield	Peekaboo Pet Services	Free dog walking service for the Dover/Whitfield area for isolated elderly people.	07584 320039
DISTRICT WIDE	Kent Sport	For advice on keeping active while isolating at home	www.kentsport.org/coronavirus

	You	ng people's serv	rices
DISTRICT WIDE	KCC	Online Youth Services bringing together everything that is being offered in one place.	https://www.kent.gov.uk/educatio n-and-children/young- people/online-youth-services
DISTRICT WIDE	KCC	Bereavement Support for children and young adults aged 4-19 years. Also for families and carers.	0300 123 4496 https://www.kentcht.nhs.uk/servic e/school-health/
DISTRICT WIDE	District Youth Hub & Children's Centres	Facebook pages for up-to- date information on how to access resources For any Children's Centre or Youth Hub queries, please call the Dover Early Help number	www.facebook.com/linwood.yc www.facebook.com/doverdistri ctcc 03000 422998
DISTRICT WIDE	коотн	Free online Mental Health Service for 10-16-year-olds. Counselling and advice.	www.kooth.com
DISTRICT WIDE	Young Minds	Tips, advice and guidance on where to get support for mental health.	https://youngminds.org.uk/





DISTRICT WIDE	Young Women's Trust	Supports young women aged 18-30 with free telephone coaching, helping them build strong mental health, set goals and stay motivated.	https://www.youngwomenstrust.org/work-it-out-sign-up self-referrals online here: https://www.youngwomenstrust.org/work-it-out-sign-up
DISTRICT WIDE	Hopeline UK/ Papyrus	Confidential support for young people (those under 35) struggling with thoughts of suicide and for anyone worried about a young person.	0800 068 4141
DISTRICT WIDE	Pie Factory Music	Social media channels updated daily including creative challenges. If a young person needs extra support, such as regular phone calls with a youth worker or signposting to other services, please email.	www.instagram.com/ piefactorymusic www.facebook.com/ piefactorymusic www.twitter.com/piefactorymusic TikTok: @Piefactorymusic info@piefactorymusic.com
DISTRICT WIDE	Salus	Virtual youth sessions for young people aged 8-19.	www.salusgroup.org.uk

	Miscellar	neous community	support
DISTRICT WIDE	NHS One You	Health support for weight loss, giving up smoking and general lifestyle information.	0300 123 1220 oneyou.kent@nhs.net
DISTRICT WIDE	Family Lives	Charity supporting vulnerable and lower-income families.	0808 800 2222 askus@familylives.org.uk
DISTRICT WIDE	Cafcass	Free online resource for separated families to help them maintain co-parenting arrangements during this time	www.cafcass.clickrelationships.or g.uk innovations@cafcass.gov.uk





DOVER	Breastfeeding support group at The Ark	Now closed and running a virtual support group for Dover Mondays 10am to noon, plus 1:1 consultations	07849 664727 www.kentbabymatters.org
DISTRICT WIDE	Sport England Physical Health	How to stay active during the COVID-19 period whilst selfisolating.	https://www.sportengland.org/n ews/how-stay-active-while- youre-home
DISTRICT WIDE	Libraries	Online service to help with research, homework or a library service.	03000 41 64 38 akl@kent.gov.uk www.kent.gov.uk/askakentlibrari an
DISTRICT WIDE	Help for Heroes	Helping wounded veterans and their families	0300 303 9888
DISTRICT WIDE	Kent Association for the Blind	Support for blind or partially sighted people	01622 691357 www.kab.org.uk
DISTRICT WIDE	Be You	Virtual LGBTQ+ Groups: safe spaces for anyone who thinks they might be LGBT+	07966 368250

Community safety			
DISTRICT WIDE	Trading	SCAMS	https://www.nationaltradingstan
	Standards	For info and advice about scams	dards.uk/news/beware-of-
			covid19-scams/
DISTRICT WIDE	Victim Support	Callers are asked to leave a	0808 168-9276
		message and a team member	0808 168 -9111
		will call them back.	Phone line operational
			8am-8pm Monday to Friday
		If it's not safe to talk, Live Chat	9am-5pm on Saturday
		is available from 9am-5pm	Closed on Sunday
		Monday to Friday	https://www.vietime.upport.org.u
			https://www.victimsupport.org.u
			k/help-and-support/get-
			help/request-support
			https://www.vietime.upport.org.u
			https://www.victimsupport.org.u
			k/help-and-support/get-
			help/support-near-you/live-chat





DISTRICT WIDE	Rubicon Cares	Free counselling service for victims of crime	07505 709876 Open: Mon, Thurs & Sat 12-3pm Weds 7-10pm www.rubiconcares.org
DISTRICT WIDE	NSPCC	Support is continuing for Kent clients into the Pear Tree House Service Centre.	www.nspcc.org.uk
DISTRICT WIDE	Oasis (Domestic Abuse Support)	Continuing to take referrals.	07856 856278 Open: Monday – 10.30am -11.30am Tuesday – 9.30am - 12.00pm Wednesday –10.30am -11.30am Thursday – 10.00am -11.30am
DISTRICT WIDE	DAVSS The Domestic Abuse Volunteer Support Service	Supporting male and female victims of domestic abuse.	01892 570538 www.davss.org.uk
DISTRICT WIDE	Rising Sun & Choices DA service	Services for women, children and families who are affected by domestic violence.	01227 452852 Open: Mon - Fri, 9am - 5pm www.risingsunkent.com
DISTRICT WIDE	Suzy Lamplugh Trust (Stalking Helpline)	Advice and information for victims of stalking.	0808 802 0300 Open: 9:30am to 4pm weekdays (9:30am to 1pm Wednesday) www.suzylamplugh.org
DISTRICT WIDE	Forward Trust Substance abuse (drugs)	Dover and Folkestone area substance misuse services.	24-hour SPOC number 0300 1231186 www.forwardtrust.org.uk
DISTRICT WIDE	The National Prisoners' Families Helpline	Free advice and information on all aspects of the criminal justice system for families of those in the system.	0808 808 2003 Open: Mon-Fri: 9am-10pm Sat-Sun: 10am-3pm





В	enefits, job	s & debt (also se	ee Utilities)
DISTRICT WIDE	САВ	Help to Claim Universal Credit helpline	0800 144 8444
			www.citizensadvice.org.uk
DISTRICT WIDE	DWP	Specific Covid 19 related advice for employers	https://employerhelp.dwp.gov.uk
DISTRICT WIDE	DWP	Specific Covid 19 related advice for employees	https://jobhelp.dwp.gov.uk/
DISTRICT WIDE	Job Centre (DWP)	DWP Advice	01304 866190
DISTRICT WIDE	Citizens Advice Bureau	For help General enquiries For debt enquiries For Universal Credit enquiries	03448 487978 01304 374333 01304 202442 01304 202030 www.doverdealadvice.co.uk
DISTRICT WIDE	Money Advice Service	For advice regarding finances and debt	0300 500 5000 www.moneyadviceservice.org.uk
DISTRICT WIDE	National Debt Line	Coronavirus hub for money worries	0808 808 4000 www.nationaldebtline.org
DISTRICT WIDE	Step change	Free debt advice online or over the phone	0800 138 1111 www.stepchange.org
DISTRICT WIDE	Christians Against Poverty	Debt help	0800 3280006 http://www.capdebthelp.org/ info@capuk.org

Utilities, council tax & DDC services			
DISTRICT WIDE	Utilities – Gas & Electricity	For information about gas and electricity during current situation.	https://www.ofgem.gov.uk/coro navirus-covid-19/coronavirus- covid-19-and-your-energy- supply
DISTRICT WIDE	British Gas Energy Trust	For advice and help with utility debts	01733 421021 www.britishgasenergytrust.org.u k





DISTRICT WIDE	Scottish Power	Hardship fund for customers have difficulties paying their bills due to low income or other circumstances. Eligibility check and referral for access is needed online or over the phone via National Debtline and/or Social Enterprise Direct (SED)	National Debtline 0808 169 8780 Open: Monday - Friday, 9am -8pm Saturday 9.30am - 1pm www.SEDhardship.fund 0808 800 0128 Open: Monday - Friday, 8.30am - 8pm Saturday 10am - 2pm.
DISTRICT WIDE	Ovo hardship grants	Help for OVO Energy customers to clear/pay off any debt on their OVO Energy account.	https://docs.google.com/forms/ d/e/1FAlpQLSdBKf7t44JX15Kavr B3sUVRiaDebd20ecpKrCo_Y76u 7L3Miw/viewform
DISTRICT WIDE	E.on	For existing or previous E.on customers to help with bills or household items. Priority will be given to those who have already received debt advice.	03303 80 10 90 Open: Mon-Fri, 9am - 5pm www.eonenergyfund.com/
DISTRICT WIDE	Npower energy fund	For current domestic customers.	01733 421 021 npowerenergyfund@lets- talk.online
DISTRICT WIDE	Pre-pay meters	For those on electricity or gas pre-pay meters for remote topups	0330 100 0303
DISTRICT WIDE	Southern Water	For information about water supply during current situation.	https://www.southernwater.co. uk/covid-19 Emergencies only - please telephone us on 0330 303 0368
DISTRICT WIDE	Priority Services Register (for customers of utility companies including Affinity and Southern Water)	For help in a utility emergency For those with chronic illness, have medical support at home, refrigerated medication, dementia, a disability, pensionable age, children under 5, suffering a bereavement.	www.Southeastwater.co.uk/priority





DISTRICT WIDE	DDC Services	Useful numbers for DDC	2199 Benefits
		Services	2495 Building Control
			2199 Council Tax
		01304 87	2296 East Kent Housing
		followed by the appropriate	2289 Environmental Crime
		departmental extension	2428 Environmental Health
			2265 Housing
			2459 Parking
			2345 Payment line
			2216 Public Protection
			2299 Repairs
			42428 Waste

Local housing providers			
DISTRICT WIDE	Sanctuary Housing	Customer Service Centre is open 24 hours a day, seven days a week, including public holidays for both repairs and general housing enquiries.	Tel: 0800 131 3348 (landline) or 0300 123 3511 (mobile) Text: 07795 265 843 Typetalk/minicom: 01482 580 576
DISTRICT WIDE	Town and Country Housing Group	General enquiries	Telephone: 01892 501480 Open: Monday – Friday, 8.30am - 5pm. https://www.tchg.org.uk/
DISTRICT WIDE	Southern Housing Group	Latest position via web site	https://www.shgroup.org.uk/
DISTRICT WIDE	Moat Housing	Latest position via web site	https://www.moat.co.uk/
DISTRICT WIDE	Orbit Housing	Orbit are offering customers a range of support packages to help with well-being and financial needs.	0800 678 1221 (option 4) TEXT cv19 to 07860 018 202 with your name and Orbit will contact you www.betterdays.orbit.org.uk betterdays@orbit.org.uk
DISTRICT WIDE	Housing Options	DDC housing services	01304 872265 housing.options@dover.gov.uk





		Homelessness	
DISTRICT WIDE	DDC Housing	In normal office hours, if someone mentions anything that suggests they are homeless/potentially homeless, or anything relating to their housing register application they should be asked to call in.	Office hours: 01304 872265 Out of office hours: 01304 821199
DISTRICT WIDE	Porchlight	Porchlight Community Inclusion, Link & Housing Service	Central Referral Line: 0800 567 7699 info@livewellkent.org.uk

Emergency health & patient transport			
Dental Treatment	If you think you need urgent dental treatment.	 Call your dentist Call Kent Emergency Dental support on 0300 123 4412 Use the NHS 111 online service if you cannot contact your dentist 	
If you think you have Coronavirus	DO NOT got to a GP, Pharmacy or Hospital	Use the NHS website to find out what to do https://111.nhs.uk/service/COVID-19/ or call (NHS) 111 if you don't have online access	
Get Medical Help near You	Use the online NHS site to find help. If you have no online access call 111	Use https://111.nhs.uk/ (NHS) 111	
DISTRICT WIDE	Patient Transport Services Can be offered up to 48 hours in advance of appointments.	0800 096 0211 24 hours a day freephone	

^{*}This information has been compiled by Dover District Council and lists the services that are available to support you. All this information was correct at time of publishing and may be subject to change. We strongly recommend you contact each organisation directly to check the information is current. For further updates regarding Covid-19 please visit: https://www.gov.uk/coronavirus