



# LATER LIFE

Working together to keep our district safe and healthy in later life

## Address book

A useful directory focused on the needs of later life

Staff within the organisations listed within this edition  
have all attended Dementia Friendly Information Sessions



## My details

Name:

Address:

Telephone number:

## My next of kin

Name:

Relationship:

Address:

Telephone number:

## In an emergency call

Telephone number:

## Medical Information

---

## Key to services and local businesses

---



Health

Retail



Services

Community



Safety

Contacts



Name: **AGE UK DOVER**

Address: The Riverside Centre  
DOVER

KENT

CT16 1RL

Telephone: 01304 207268

Email address: [admin@ageukdover.org.uk](mailto:admin@ageukdover.org.uk)

### Opening times

Mon-Fri 9am-4pm; Sat 9am-3pm

### Services offered:

Our services for older people are wide ranging and cover Dover and the surrounding area. We have run a Social Centre at the Riverside Centre since 1989.

- Information and advice
- Home care services
- Care navigator
- Dementia support
- Hot meals and snacks
- Activities
- Transport from town and rural areas
- Hairdressing



Name: AGE CONCERN DEAL CENTRE  
FOR THE RETIRED LTD



Address: 3 Park Street  
DEAL  
CT14 6AG

Telephone: 01304 372608

Email address: [admin@deal-cr.org.uk](mailto:admin@deal-cr.org.uk)

### Opening times

Mon-Fri 9am-4pm; Sat 9am-1pm; Sun 9am-3pm

Name: AGE CONCERN SANDWICH  
CENTRE FOR THE RETIRED



Address: Sneller House  
19-21 The Cattle Market  
SANDWICH CT13 9AP

Telephone: 01304 614237

Email address: [jane.goring@ageconcernsandwich.com](mailto:jane.goring@ageconcernsandwich.com)

### Opening times

Mon-Fri 9am-4pm

**READING  
WELL**

**Books on  
Prescription**

**Dementia**

Find helpful books  
at your local library

[reading-well.org.uk](http://reading-well.org.uk)

Recommended and endorsed  
by health professionals

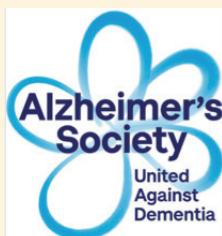


Supported through public funding by  
**ARTS COUNCIL  
ENGLAND**

**SCL**

Leading & Managing  
Public Libraries

**THE  
READING  
AGENCY**



Name: **ALZHEIMER'S SOCIETY**

Telephone: 01303 260674

Email: kentandmedway@alzheimers.org.uk

### **Here for everyone affected by dementia.**

If you are affected by dementia you are not alone.

Our specialist services will help you:

- Get tailored information and advice from our compassionate and experienced staff
- Keep your independence and improve your well-being
- Feel confident and supported knowing that someone is here for you when you need help.

## Health

Name: **THE BUTCHERY SURGERY**

Various staff members are Dementia Friends

Address: 7 The Butchery, Sandwich, Kent, CT13 9DL

Phone: 01304 612138

Open: Monday – Friday 8am-6:30pm

Email: [CCCCG.thebutchery@nhs.net](mailto:CCCCG.thebutchery@nhs.net)

Name: **CHIROPODIST**

Ian P. Clarkson is a Dementia Friend

Address: Age Concern Sandwich & Home visits

Phone: 01304 380858

Open: Age UK Sandwich

Tuesday & Wednesday mornings by appointment

Name: **CORNERWAYS DENTAL SURGERY**

Various staff members are Dementia Friends

Address: 2 Moat Sole, Sandwich CT13 9AU

Phone: 01304 617131

Open: Monday – Thursday 8:30am-4.30pm

Friday 8:30am-1.30pm

Email: [cornerwaysdental@gmail.com](mailto:cornerwaysdental@gmail.com)



**Name:** LAURESTON HOUSE RESIDENTIAL HOME

4 members of staff are Dementia Friends

**Address:** Laureston Place, Dover, CT16 1QU

**Phone:** 01304 204283

**Open:** 24 hours

**Email:** Laurestonhouse@aol.com

**Name:** MARKET PLACE SURGERY

Reception & Admin team are Dementia Friends

**Address:** Market Place Surgery, Cattle Market, Sandwich, CT13 9ET

**Phone:** 01304 619790

**Open:** Monday – Friday 8am – 6.30pm

Saturday & Sunday closed

**Email:** ccccg.marketplace@nhs.net

**Name:** Dave Pilcher - Personal Training

**DAVE PILCHER**  
FITNESS 

**Address:** 67 Castle Drive, Whitfield, Dover, CT16 3EN

**Phone:** 07852 532814

**Email:** davepilcher14@gmail.com

**About:** 1-2-1, duo & group fitness sessions helping improve and maintain peoples fitness, health & all round lifestyle

## Do you look after a friend or relative who needs your help?

For example, you may help with shopping, meals, medication, washing and dressing, finances etc.

## If so... you are a CARER

Call us to find out about:

- Information on support and services available and Carers' entitlements and rights
- A listening ear, support groups, activities and training for Carers
- Carer's Needs Assessments
- Free Kent Carer's Emergency Card
- Assistance with Welfare Benefits—you may be entitled to Carer's Allowance and the person you care for may be entitled to benefits for Personal Independence Payment
- Carers Hospital Service



**Carers' Support**  
CANTERBURY, DOVER & THANET

**Tel: 01304 364637**

Monday, Wednesday & Friday 8:30am to 6pm  
Tuesday & Thursday 9am to 5pm

Text Service: 07545916214

Email [support@carers-doverdistrict.org](mailto:support@carers-doverdistrict.org)

[www.carers-supportcdt.org.uk](http://www.carers-supportcdt.org.uk)



Registered Charity No: 1136904 A Company Limited By Guarantee No: 7213672



**Name:** Lauriem Complete Care  
**Address:** 33 Albert Road, Deal, CT14 9FE  
**Phone:** 01304 361222  
**Email:** Linsey.Saunders@lauriem.co.uk  
**Open:** Monday - Friday 9am - 5pm  
**About:** A private domiciliary care company.

#### Dover smART Project

We love what we do

**Name:** ART OF AGE - Dover smART  
**Address:** My Gallery, 3 Waterloo Crescent, Dover, Kent CT16 1LA  
**Phone:** 07877 437508 / 07854 488805  
**Email:** doversmartproject@mail.com  
**Open:** Weekly on Tuesdays 10am - 12pm  
**About:** An art project for the elderly, including those living with dementia, helping to reduce loneliness & social isolation.



**Name:** Highway Learning and Support  
**Address:** PO Box 201, Sandwich, Kent, CT13 3AS  
**Phone:** 01227 637262  
**Email:** dan@hilas.org.uk  
**Open:** Contact or visit website for details  
**About:** A community-based organisation, providing learning and support for all abilities and ages.



## **Senior Citizens Forum for the towns and villages of Dover District**

**DOVER SENIOR CITIZENS FORUM IS A WELL ESTABLISHED LOCAL FORUM FOR RESIDENTS OVER THE AGE OF 55 WHO LIVE IN THE DOVER DISTRICT AND SURROUNDING VILLAGES. MEMBERSHIP IS FREE.**

**WHAT DO WE DO:** Twice a year we hold open meetings in the Dover area to which all members and friends are invited and where there are speakers on a range of subjects; recent meetings have included speakers from Hi Kent, work of the Care Navigator, Family Mosaic, CROP (Citizens Rights for Older People), work of Health watch, Carers' Support, Creative Legal Solutions (about enduring Power of Attorney) Scam and Rogue Traders talks by local Community Warden. Over the past two years we have also held meetings in Deal and would like to branch out to the rural areas.

Occasionally have social events and our open meetings in Dover always include Lunch, everyone is welcome, either with a friend, partner or alone.

The forum is asked to participate on consultations concerning for example, bus transport and liaise with local councillors on issues such as delivery of social and health services. We have representatives on outside bodies which deal with services to the elderly , Health watch etc.

**Membership is free, why not join us!**

**Contact 07772471905**

### **My doctors details**

Name:

Address:

Telephone number:

### **My dentists details**

Name:

Address:

Telephone number:


### **My carers details**

Name:

Address:

Telephone number:

## Retail

Name: **AJ WINDOWS & DOORS**   
Rachel Jones is a Dementia Friend  
Address: 5 Hazelwood Meadow, Sandwich, Kent, CT13 0AP  
Phone: 01304 619907  
Open: Monday – Saturday 8am–6pm; Sunday closed  
AJ Windows and Doors is a family run business  
providing windows, doors and conservatories.

Name: **BONNE BOMBE**   
3 members of staff are Dementia Friends  
Address: 8 King Street, Deal, Kent CT14 6ET  
Phone: 01304 364496  
Open: Mon – Sat 9.30am–5pm; Sunday 10am–4pm  
Email: Sales@bonnebombe.co.uk  
Handmade, cruelty free, SLS & Paraben free bath,  
shower & beauty products.

Name: **BURNHAM HOUSE VETERINARY SURGERY**  
9 members of staff are Dementia Friends  
Address: 33- 35 Castle Street, Dover, CT16 1PT  
Phone: 01304 206989  
Open: Monday – Friday 8:30am–7pm; Saturday 9am–1pm  
Email: reception@burnhamhousevets.com

Name: **CO-OP FOOD**

Various staff members are Dementia Friends

Address: Moat Sole, Sandwich CT13 9AL

Phone: 01304 620064

Open: Monday – Saturday 8am-10pm; Sunday closed



Name: **GALA BINGO**

Various staff members are Dementia Friends

Address: 49 Biggin St, Dover, Kent CT16 1DB

Phone: 01304 202013

Open: Monday – Friday 10:45am -11pm

Saturday 10:30am -12am; Sunday 12pm -11:30pm

Email: dover.club@galaleisure.com

Large chain bingo centre with electronic gaming and slot machines, plus regular live entertainment.



**WHITE CLIFFS DOVER**

Name: **HOTEL & GUEST HOUSE GROUP**

Adeline Reidy is a Dementia Friend

Address: 1 Castle St, Dover, Kent CT16 1QH

Email: adelinereidy@btconnect.com



## Retail

Name: **SANDWICH CARS**

Various staff members are Dementia Friends

Address: Sandwich Cars, 2 Cattle Market, Sandwich, Kent CT13 9AG

Phone: 01304 617424

Email: [enquiries@sandwichcars.co.uk](mailto:enquiries@sandwichcars.co.uk)

Sandwich Cars have been providing a service to businesses and residents of Sandwich and local villages for the last 35 years.

Name: **VANESSA HARRISON WEALTH**



Vanessa Harrison  
Wealth Management

Vanessa Harrison is a Dementia Friend

Address: Glencott, 191 Dover Road, Walmer, Deal, Kent CT14 7NB

Phone: 01304 269301

Email: [vanessa@vanessaharrisonfs.co.uk](mailto:vanessa@vanessaharrisonfs.co.uk)

Mortgage and financial planning

Name: **CLEVERLEY & SPENCER**

**MONUMENTAL MASONS**



Address: 3-5 Frith Road, Dover, Kent, CT16 2PT

Phone: 01304 206379

Email: [enquiry@clevspen.co.uk](mailto:enquiry@clevspen.co.uk)

Open: Monday-Friday 8am- 5pm / Saturday 9am-12pm

About: We provide Memorial Headstones for clients with a workshop and office in Dover.



Name: **STILWELL & SINGLETON SOLICITORS**

Address: 110 Maison Dieu Rd, Dover, CT16 1RT

Phone: 01304 206850



Address: 1 Potter Street Sandwich CT13 9DR (Sandwich)

Phone: 01304 612444

Address: 127 High Street Deal CT14 6BB (Deal)

Phone: 01304 362146

Email: [cm@stilwellsingleton.co.uk](mailto:cm@stilwellsingleton.co.uk)

Open: Monday-Thursday 9am-5.30pm / Friday 9am-5pm

About: Local solicitors dealing with wills, powers of authority  
and court or protection and probate.



**Peabody**

## ABOUT OUR SERVICES

We are a community benefits society that assists people to remain in their own home in greater comfort, security and independence.

## HOW WE CAN HELP

- Visit you to talk through what help you might need
- Link you to other local services to provide extra support
- Look into options to achieve changes you want
- Give guidance on applying for funds through local grants, insurance claims, charitable sources etc.
- Provide detailed specifications for building work
- Help to get quotes from reputable, approved contractors.

For more information on services available and our current charges,  
please contact us:

Telephone: 0800 028 3172 Email: [fmhia@peabody.org.uk](mailto:fmhia@peabody.org.uk)

Website: [www.peabodycareandsupport.org.uk](http://www.peabodycareandsupport.org.uk)

# DDC Private Sector Housing

## Is your home cold?

The Council is able to provide financial help for new heating systems for those on low incomes and vulnerable to the cold. Help may also be available for essential repairs to your property such as new windows, insulation or electrical repairs. Dover District Council is part of a Kent wide partnership that has procured a list of installers that can install energy efficiency measures at a reasonably competitive price through the Warm Homes Scheme: **(0800 170 1174, [www.kent.gov.uk/warmhomes](http://www.kent.gov.uk/warmhomes))**

## Are you paying too much for your energy?

Your local Council collective energy switching scheme, Energy Deal, offers you the chance to check if you can get a lower cost energy tariff in a hassle free no obligation way.

Visit: **[www.energydealswitch.com](http://www.energydealswitch.com)** or telephone the Council for assistance with registration **(01304 872428)**. You could also look at Ofgem accredited comparison sites.

Providing regular meter reads mean that you only pay for the energy you've used – Smart meters can do this automatically.

Energy Suppliers and both gas and electricity network providers have Priority Services Registers offering additional useful assistance to customers that need extra help, such as the lockable cooker valves provided by SGN. Contact your supplier/ network provider to register.

**Tele: 01304 872397**

**Email: [privatesectorhousing@dover.gov.uk](mailto:privatesectorhousing@dover.gov.uk)**  
**[www.dover.gov.uk](http://www.dover.gov.uk)**



# Promoting independence: Are you getting all the help you need?

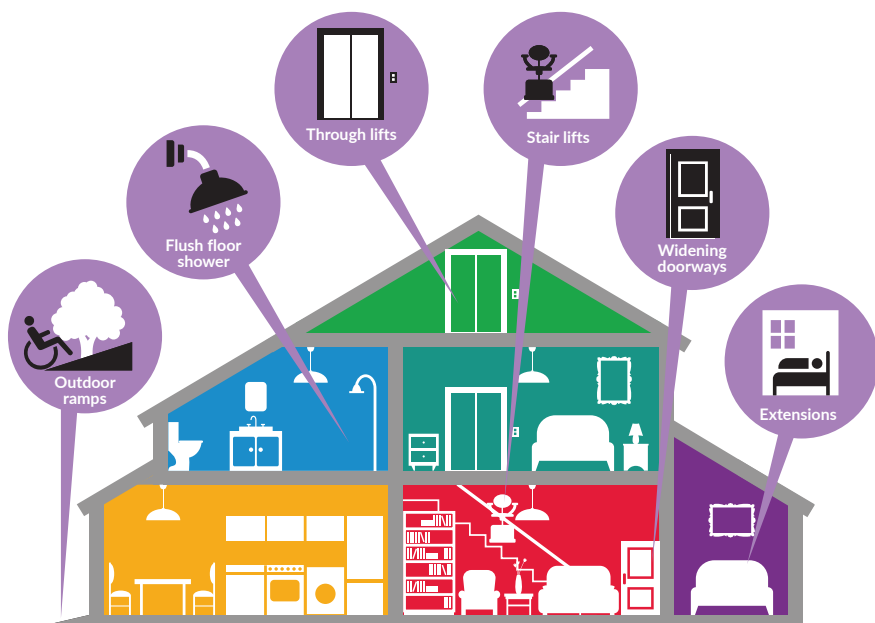
## Did you know?

Grants worth up to £30,000 are available for property adaptations to help disabled people, both young and old, to continue to live independent lives in their own homes.

Funding is available for homeowners and those who rent privately or through a housing association.

## Want to know more?

Call us on 01304 872397  
or email  
[privatesectorhousing@dover.gov.uk](mailto:privatesectorhousing@dover.gov.uk)



# Betteshanger Social Welfare Scheme



The Miners Welfare Scheme was set up by the Mining Industry Act of 1920. Today it is run by the Coal Industry Social including Betteshanger Social Welfare Scheme (BSVS). Currently all of the collieries are closed in Kent, welfare clubs are the last bastions of the mining community and will remain open to keep the Mining Heritage alive.

There are many clubs on offer including indoor and outdoor bowling, bingo, football and cricket, fishing & pigeon racing, an allotment section, Welfare Brass Band, judo, knitting and much more. All of the sports and social sections welcome new members, young and not so young are all welcome.

**Welfare Sports Ground Cavell Square, Deal, CT14 9HN**

**Email:** [garybswsl@outlook.com](mailto:garybswsl@outlook.com)

**Tel:** 07800 545135

**Facebook:** <https://www.facebook.com/groups/betteshanger/>

## Services - LIBRARIES

Name: **ASH LIBRARY** - Various staff are Dementia Friendly

Address: Ash Village Hall, 10 Queens Road, Ash, Canterbury,  
Kent CT3 2BG

Open: Monday, Friday & Saturday

Name: **AYLESHAM LIBRARY** - Various staff are Dementia Friendly

Address: Aylesham Community Centre, Ackholt Road, Aylesham,  
Canterbury, Kent, CT3 3AJ

Open: Tuesday to Saturday

Name: **DEAL LIBRARY** - Various staff are Dementia Friendly

Address: Broad Street, Deal, Kent, CT14 6ER

Open: Every day

Name: **DOVER LIBRARY** - Various staff are Dementia Friendly

Address: Dover Discovery Centre, Market Square, Dover, Kent, CT16 1PH

Open: Monday to Saturday

Name: **SANDWICH LIBRARY** - Various staff are Dementia Friendly

Address: 13 Market Street, Sandwich, Kent, CT13 9DA

Open: Monday, Tuesday, Thursday, Friday & Saturday

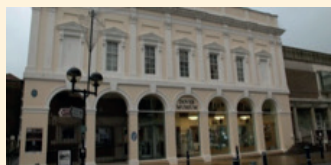
Name: **ST MARGARET'S-AT-CLIFFE LIBRARY**

Various staff are Dementia Friendly

Address: St Margaret's Library, Community Centre, 16 Kingsdown Road,  
St Margaret's-at-Cliffe, Dover, Kent, CT15 6BB

Open: Monday, Wednesday & Friday

## Services - MUSEUMS



Name: **DOVER MUSEUM & BRONZE AGE BOAT GALLERY**

Front of house staff are Dementia Friends

Address: Market Square, Dover CT16 1PH

Telephone: 01304 201066

Email: [museumenquiries@dover.gov.uk](mailto:museumenquiries@dover.gov.uk)

Open: Mon - Sat 9.30am - 5pm (All year) / Sun 10am - 3pm (Apr-Sept)

Dover Museum is much more than just a local history and archaeology museum.

Situated in the town centre of Dover, Britain's historic port town, this modern museum tells the fascinating story of this rich and important area.

Name: **DOVER VISITOR INFORMATION CENTRE**

Front of house staff are Dementia Friends

Address: Market Square, Dover CT16 1PH

Telephone: 01304 201066

Email: [tic@doveruk.com](mailto:tic@doveruk.com)

Open: Mon - Sat 9.30am - 5pm (All year) / Sun 10am - 3pm (Apr-Sept)

Brimming with information and inspiring brochures and leaflets, located within

Dover Museum. Whether you need a map, a place to stay or simply need to know how to spend your time in the area, our friendly, knowledgeable team are on hand with a wide range of information and services.

## Services - MUSEUMS



Name: **DOVER TRANSPORT MUSEUM**

Various staff members are Dementia Friends

Address: Willington Rd, Whitfield, Dover CT16 2JX

Telephone: 01304 822409

Email: [info@dovertransportmuseum.org.uk](mailto:info@dovertransportmuseum.org.uk)

Dover Transport Museum is a registered charity and the only museum of its kind in Kent. A visit to the museum makes a memorable family day out.



### SANDWICH TOWN COUNCIL

Name: **GUILDHALL, MUSEUM & TOURIST INFORMATION**

Various staff members are Dementia Friends

Address: The Guildhall, Cattle Market, Sandwich CT13 9AH

Telephone: 01304 617197

Email: [info@sandwichtowncouncil.gov.uk](mailto:info@sandwichtowncouncil.gov.uk)

Open: Monday – Friday 9am-5pm; Saturday and Sunday closed

At the heart of the town of Sandwich in Kent is the Guildhall, the focal point of both modern and ancient activities, information and a newly refurbished museum.

## Communities

Name: **DEAL WITH IT / DEAL HOP FARM**

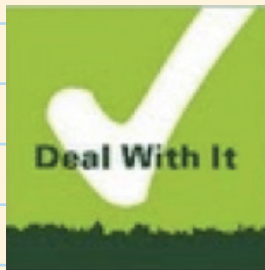
Address: 45 Blenheim Rd, Deal, CT14 7DD

Phone: 01304 372673

Email: [info@dealwithit.org.uk](mailto:info@dealwithit.org.uk)

Open: Contact for details

About: Community group in Deal providing Community gardens, beach cleans, green energy and Deal Hop farm.



Name: **AYLESHAM AT ROSES TEAROOM & THRIFT SHOP**

Address: 1 Milner Crescent, Aylesham,  
Canterbury, CT3 3BH

Phone: 07547 677232

Email: [Hethermills@aol.com](mailto:Hethermills@aol.com)

Open: Monday - Friday / Saturday Mornings

About: A thrift shop & tearoom run by volunteers. For the community and older generation for social interaction.



Name: **CINQUE PORTS COMMUNITY KITCHEN CIC**

Address: Chequers Kitchen Cookery School  
Golf Road, Deal, CT14 6RG

Phone: 01304 362288

Email: [info@chequers.kitchen](mailto:info@chequers.kitchen)

Open: Contact for details

About: A community Kitchen teaching disadvantaged people how to cook







## ZEST Communities Dover & Deal

A creative, dementia inclusive group that has fun, makes friends and tries new things.

Zest communities is a fortnightly arts group for older people and people living with dementia or memory problems and their relatives, friends and carers.

We meet together with the sole purpose of having fun together, through enjoying different creative activities run by Bright Shadow and guest artists. We also go on occasional trips to local arts venues. We guarantee a warm welcome and activities that are challenging but made accessible to everyone who comes along.

"It's so different to anything else. It's great fun & lifts our spirits"

"I go home feeling so much better"

"It gets us out of the house & it's nice coming together as a group"

"Here we interact and they make sure I can join in with all the activities"

To find out more or book your place, please call 0300 102 8855 or email [louise@brightshadow.org.uk](mailto:louise@brightshadow.org.uk).

**Dover group** meets every other Thursday morning from 11 May 10am-12pm at Age UK Dover, Riverside Centre, Maison Dieu Road, Dover, CT16 1RL

**Deal group** meets every other Thursday afternoon from 11 May, 1.30-3.30 at Age Concern - The Deal Centre, 3 Park Street, Deal CT14 6AG

Groups cost £5 per session to attend & includes tea, coffee & snacks.

[www.brightshadow.org.uk](http://www.brightshadow.org.uk)



**BRIGHTSHADOW**  
Brighter Quality Care

## Community

Name: **AYLESHAM & DISTRICT  
COMMUNITY WORKSHOP TRUST**

Lisa Pope is a Dementia Friend

Address: Ackholt Rd, Aylesham, Kent, CT3 3QJ

Telephone: 01304 842826

Email: [Lisa@aylesham.org.uk](mailto:Lisa@aylesham.org.uk)

The organisation gives grants to voluntary organisations in the area from funds that it raises itself.

Name: **AYLESHAM & SNOWDOWN SOCIAL WELFARE SCHEME**

Derek Garrity is a Dementia Friend

Address: Dorman Avenue South, Aylesham, Kent, CT3 3AD

Email: [Derek@aylehsam.org.uk](mailto:Derek@aylehsam.org.uk)

Provision of sports, cultural and social activities

Name: **CAPEL CARES**

Janet Milliken is a Dementia Friend

Address: 110, New Dover Rd, Capel, CT18 7JN

Telephone: 01303 257003

Email: [janetmilliken@hotmail.co.uk](mailto:janetmilliken@hotmail.co.uk)

A voluntary group covering the village of Capel le Ferne, aiming to keep villagers happy in their own homes for as long as possible.

**Name: DOVER BIG LOCAL**

Linda Aldred is a Dementia Friend



Address: Unit 18, The Charlton Centre, High St, Dover CT16 1TT

Telephone: 01304 449385

Email: outreach@doverbiglocal.org

Dover Big Local has a Community Hub providing support, training, and networking opportunities, that help residents access services, develop plans to improve their area and empower them to find solutions that work to make Dover an even more vibrant and attractive place to live, work and play.

**Name: DOVER DISTRICT VOLUNTEERING CENTRE**

Karen Steffan is a Dementia Friend

Address: 26 Victoria Road, Deal, CT14 7BJ

Telephone: 01304 367898

Transport service: 01304 380513

Email: office@ddvc.org.uk

**Name: PEBBLES KIOSK & PUBLIC FACILITIES**

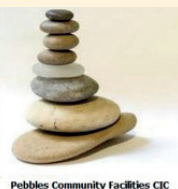
Address: East Promenade, Marine Parade, Dover, CT16 1LW

Telephone: 07875 452522

Email: Sue.jones6984@gmail.com

Open: Contact for details

About: Managing public toilets, ice cream & snack bar & providing visitor information on Dover Promenade.



Pebbles Community Facilities CIC

## Community

Name: **COMMUNITY WARDENS**

Telephone: Lee Kidd, on 07977 982184



Kent County Council has established a team of community wardens; their role is very wide-ranging, and in general involves acting as the eyes and ears of the community to help solve problems, lower residents' fear of crime and improve their quality of life.

Name: **WALMER & LIONS CLUB CHARITY TRUST**

Address: 33, Mill Rd, Deal, Kent CT14 9AH

Phone: 07950 938857

Email: lionken.buxey@gmail.com



About: Fundraising for Local Charities and good causes. Also assisting other groups to raise funds.

Name: **CHRISTIANS TOGETHER IN DOVER**

Address: c/o Dover Baptist Church,

27-32 Maison Dieu Road, Dover, CT16 1RF

Phone: 07708 032988

Email: CTiD.secretary@btinternet.com



About: Christians Together in Dover aims to promote the Christian faith, in particular this can be seen through the work of its Projects. Projects - Dover Foodbank, Dover Soup Kitchen, Dover Street Pastors, Dover Outreach Centre and Winter Night Shelter

## Safety - CRIME



Name: **KENT POLICE**

Telephone: In an emergency **999** Non-urgent issues **101**

Kent Police aim to protect the public from harm and **ensure an effective response to those who are most vulnerable in our communities.** This

includes giving advice and support to members of the public to help keep them safe. We provide a visible presence in communities with Police Community Support officers and Community Policing Teams, who work alongside our partner agencies, such as KCC Community Wardens and Trading Standards to name just a few.

We aim to tackle the issue of bogus callers and rogue traders, who often target the vulnerable members of our communities. Below outlines some advice and information on how to prevent people becoming victims of this type of crime.

Name: **DOVER DISTRICT COMMUNITY  
SAFETY PARTNERSHIP**

Telephone: **01304 872165**

Email: **Communitysaftey@dover.gov.uk**



The Dover Community Safety Partnership is based at the offices of Dover District Council, at Whitfield. It brings staff from Dover District Council and Kent Police all under one roof. Kent County Council Community Wardens and staff from other partner organisations also work out of the unit. Staff at the CSP provide a joint response to community issues, including anti-social behaviour.



**Kent and Medway**  
NHS and Social Care Partnership Trust

## Dementia drop-in clinics

**Have you or a loved one been diagnosed with dementia?**

**Do you need more information and support?**

If you have specific questions or would like to pop in for a chat, just drop in to our regular clinics:

**2pm - 4pm on the first Wednesday of every month at The Riverside Centre, Age UK in Dover**

**and at local GP surgeries in Deal and Aylesham**

(Please see over for more details)

Here are just some of the areas we can help with:

- Advice on treatment including medication and therapies
- Support and strategies on how to deal with the condition
- Ideas to promote wellbeing and maintain activities
- Opportunity to discuss the impact of changing relationships and responsibilities
- Signposting and information about other services.

**For more information, including future dates please ask at your GP surgery or contact the team on 01304 216678.**



*Brilliant care through brilliant people*

*respect ♦ open ♦ accountable ♦ working together ♦ innovative ♦ excellence*

*Visit us at [www.kmpt.nhs.uk](http://www.kmpt.nhs.uk)*

## **Drop-in dates for 2018**

### **Dover**

First Wednesday of every month  
2pm - 4pm  
The Riverside Centre  
Maison Dieu Gardens, Dover CT16 1RL

### **Aylesham**

Monday 12 March, 9 July and 12 November  
1.30pm - 3.30pm  
Aylesham Health Centre  
Queens Road, Canterbury CT3 3BB

### **Deal**

Friday 16 March, 15 June, 21 September and 14 December  
1.30pm - 3.30pm  
Balmoral Surgery  
Canada Road, Deal CT14 7EQ

Friday 19 January, 13 April, 13 July, 19 October  
1.30pm - 3.30pm  
The Cedars Surgery  
24 Marine Parade, Deal CT14 7DN

Friday 16 February, 18 May, 17 August and 16 November  
1.30pm - 3.30pm  
St Richards Road Surgery  
227 St Richards Road, Deal CT14 9LF

Friday 9 March and 14 September  
12pm - 1.30pm  
Manor Road Surgery  
38 Manor Road, Deal CT14 9BX



No bus service when you need one?  
Have you considered using a community  
transport service?

## Thanet Community Transport



The transport service that picks you up and  
drops you back to your door

Available to ALL Dover District residents  
Apply for membership today!

Call us

**01843 602030**



[www.transportinthanet.co.uk](http://www.transportinthanet.co.uk)





Our home safety officers can visit your home and carry out a free Safe and Well visit, tailored to your needs. A typical visit takes around 45 minutes and includes the fitting of free smoke alarms if necessary, as well as important advice to help you stay safer in your home for as long as possible.



We'll highlight any risks from fire, give fire prevention tips, advise you on night-time routines and help you plan your escape route in the event of a fire.

Please call our home safety team on **0800 923 7000** or go to **[www.kent.fire-uk.org/dementia](http://www.kent.fire-uk.org/dementia)** to request a visit.



Our staff always carry official identification and you can contact us to check that they are a genuine employee of Kent Fire and Rescue Service



Winners of the Dementia Friendly Organisation Award in the Dementia Friendly Kent Awards 2017



**Kent Fire & Rescue Service**

## Contacts



Name: **DOVER DISTRICT COUNCIL**

Address: Council Offices, Whitfield (Head Office)  
White Cliffs Business Park, Dover CT16 3PJ

Telephone: 01304 821199

Open: Monday-Friday

Drop in service: 9am-12.30pm

Appointments: 1.30pm-5pm

Providing local services and information to the people who live, work and study in Dover, Deal, Sandwich and the surrounding areas.

Services include

- Benefits
- Bins and recycling
- Community
- Council tax
- Environment
- Housing
- Leisure and tourism
- Parking and streets

Name: **KENT COUNTY COUNCIL**

Telephone: 03000 414141

Name: **KENT HIGHWAY & TRANSPORTATION SERVICES**

Telephone: 03000 418181

Name: **ENVIRONMENT AGENCY FLOODLINE**

Telephone: 0345 988 1188 or 0845 988 1188

Name: **NHS**

Telephone: 111

Name: **GAS EMERGENCY**

Telephone: 0800 111 999

Name: **ELECTRICITY EMERGENCY**

**UK POWER NETWORKS**

Telephone: 0800 7838866

Name: **SOUTHERN WATER**

Telephone: 0845 2780845

Name: **AFFINITY WATER**

Telephone: 0845 782 3333

Name: **KENT POLICE**

Telephone: In an emergency **999**      Non-urgent issues **101**

If deaf or speech impaired,

text 'police' and your message to **60066**



Services and businesses in this book are not endorsed by Dover District Council.

All information within this booklet was correct at time of going to print May 2018